



MEDICAL EYE CONSULTANTS
LASER SURGICAL CENTRE

Pre-Op Instructions

If your appointment time is 11am and after please eat a light breakfast (toast, coffee, fruit, cereal, etc) BEFORE 7am.

You are allowed to have clear fluids up until 2 hours before your surgery time (apple juice, gingerale, Gatorade, water, tea or coffee without milk/cream, etc).

Please bring food with you to the office for after surgery as you are required to remain in the office for 2 hours post surgery.

You may take your regular medications with a sip of water. **DO NOT** take any diabetic medication on the morning of your surgery. Please bring all medications with you to Medical Eye Consultants including puffers and diabetic medication.

If you are an insulin dependent diabetic please bring your glucose kit with you to your surgical appointments.

DO NOT wear contact lenses one week before surgery.

Please remove all makeup.

Please do not wear any perfume, cologne or jewelry.

There are no safes or lockers to store valuables at the facility.

Please wear warm clothing or bring a blanket to your surgical visit, the operating suite is kept at a lower temperature.

Please ensure you have arranged a family member or friend to drive you and from the facility, you will not be allowed to drive yourself or take an uber/taxi/bus home.

Please ensure you have a family member or friend available to assist you with post-operative care for 24 hours after surgery.

Please bring your valid Ontario Health Card.

Payments will only be accepted via cash, debit or credit. Personal and certified cheques will NOT be accepted.

Please expect to be in the office for 4-6 hours on the day of your surgery.